



Empowering under-represented voices

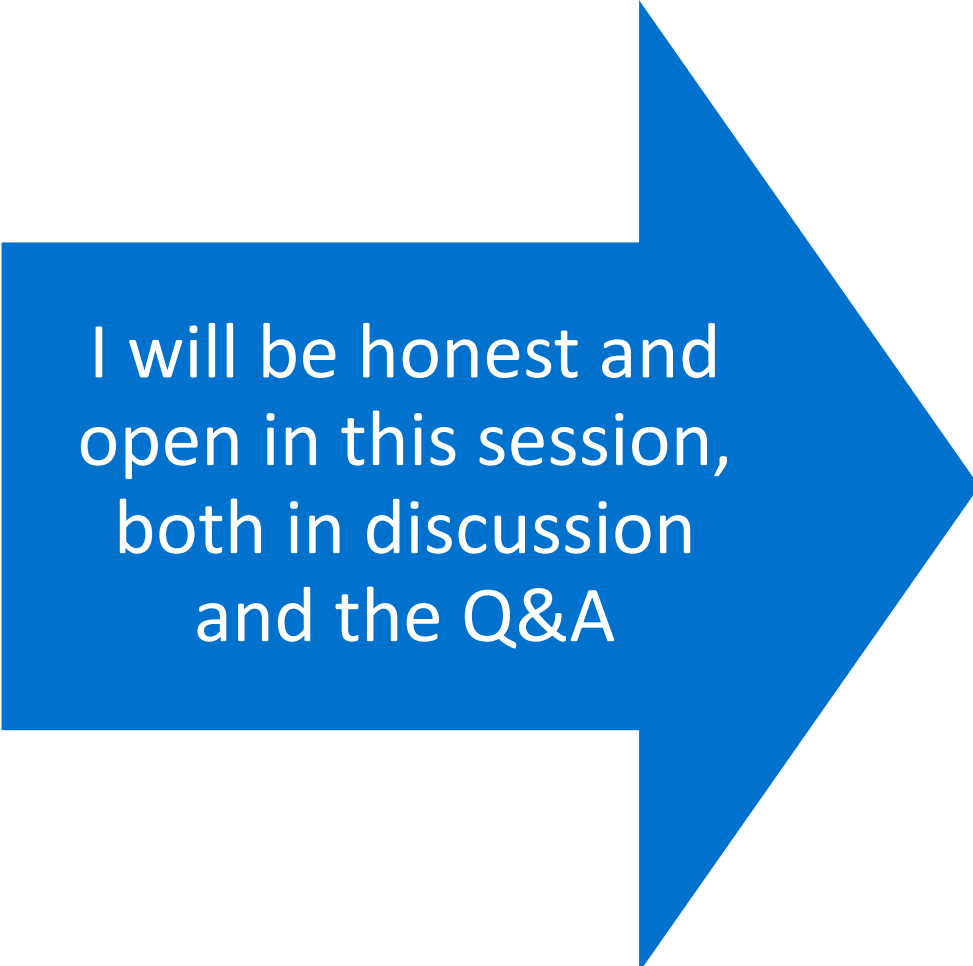
Beyond Barriers

Rachna Vyas

**Chief Operating Officer & Deputy Chief Executive
National Strategic Advisor, Neighbourhood Health**




Welcome to the session!



I will be honest and open in this session, both in discussion and the Q&A



Be brave enough to start a conversation that matters.



Please respect that these are my views, they are not universal and that's ok



The general flow of the session

- Part 1 – Standing on the shoulders of the under-represented who came before us (1510-1530)
- Part 2 – Unleashing your voices to empower others (1530-1550)
- Comfort break (1550-1600)
- Part 3 – Zone of Uncomfortable Discussion (1600-1630)

We will adapt as you require, see how the interactions go and be agile!



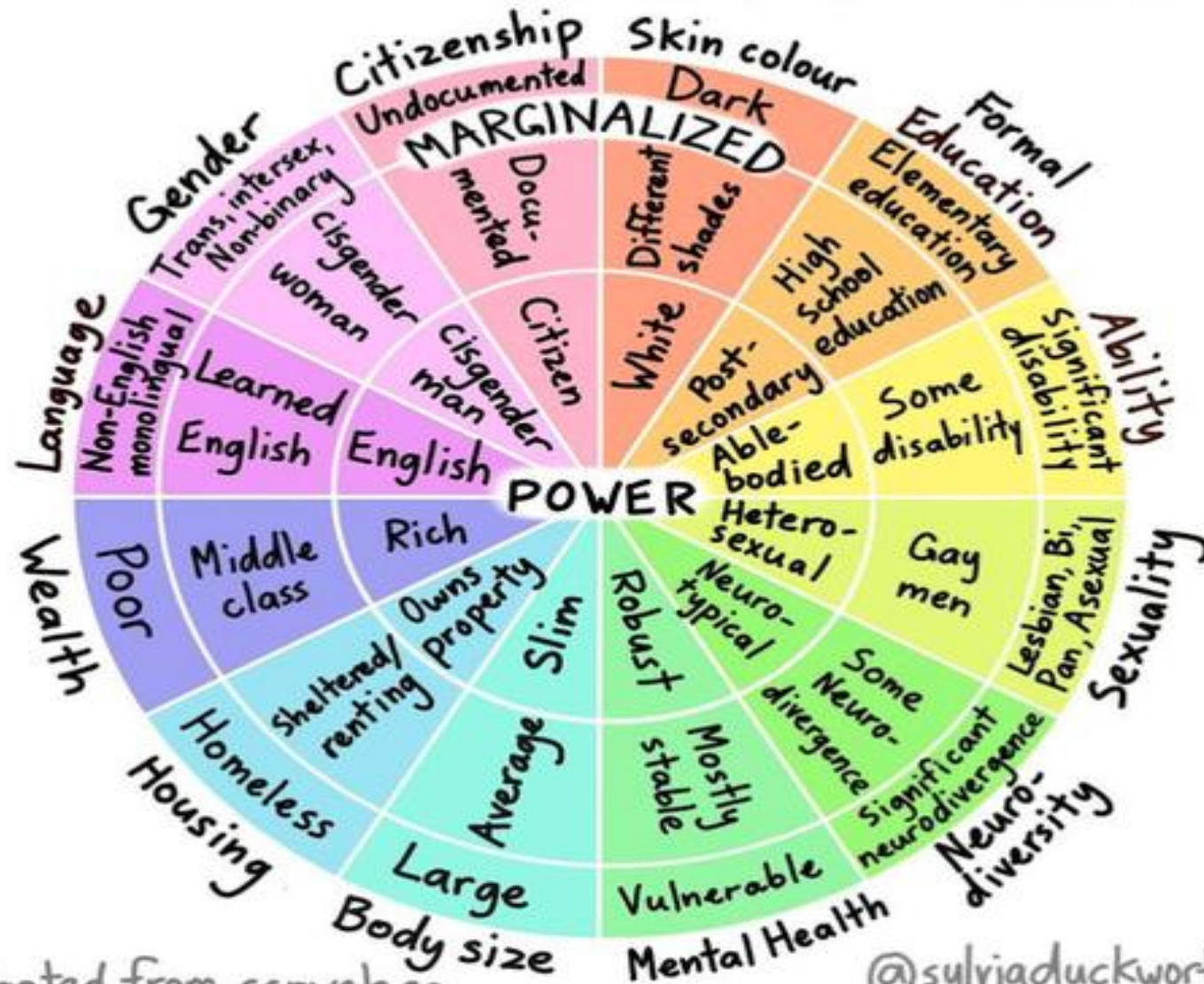
Part 1: Standing on the shoulders of the under-represented who came before us



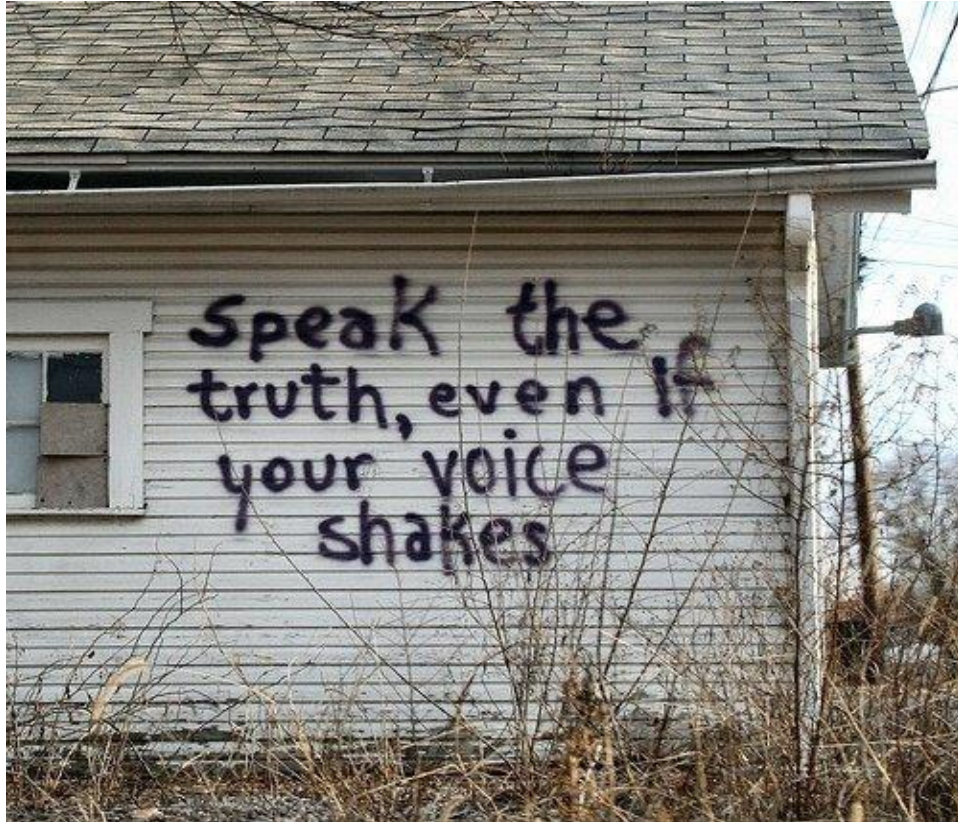
Let's start with why this matters

- ~~Because it's the 'flavour of the month'~~
- ~~To meet formal targets~~
- ~~To meet informal 'quotas'~~
- ~~So that Board photos look better to the public~~
- ~~To meet the political agenda~~
- ~~Because everyone else is doing it~~

WHEEL OF POWER/PRIVILEGE



- Distribution of power across each of these intersectional areas is the key
- Diversity of thought and of leadership supports this distribution
- This is the population we serve – how do you serve the population without understanding need / context / culture / circumstance?



Go First. Go Scared. Go Seen.

Because hesitation is how dreams die quietly. Not with rejection, but with delay.

We're taught to wait. To rehearse our brilliance. To polish our presence. To hold back until we're perfect, palatable, or politely invited.

But the world doesn't move for perfection. It moves for presence. It rewards initiation. Boldness isn't bravado. It's obedience to truth. It's courage in motion. Not the absence of fear, but the resolve to walk with it anyway.

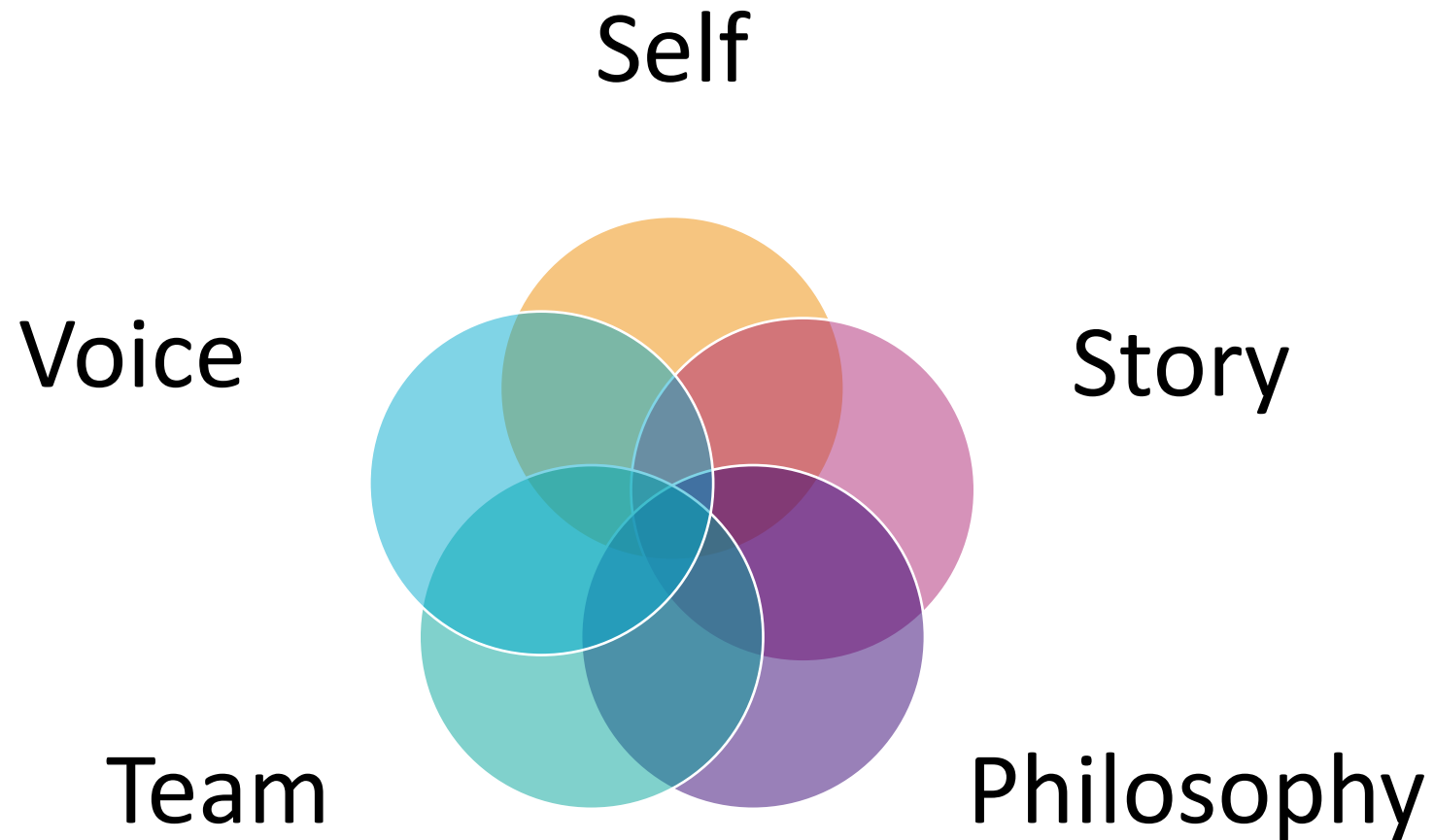
We fear going too soon. But the deeper risk? Is waiting too long. Because while you're doubting, someone else is deciding. While you're hesitating, someone else is remembered. While you're perfecting, someone else is presenting.

**And the world doesn't honour the most careful.
It remembers the ones who dared to move.**



Part 2: Unleashing your voices to empower others

Building your voice



The self



The story

The Feynman Technique

1. STEP



Write down the
name of the concept

2. STEP



Explain it in your
own words

3. STEP



Check your thought
process

4. STEP




Simplify

The Philosophy



Found this valuable? Follow me to get 2% happier with every post.

 **Suren Samarchyan**

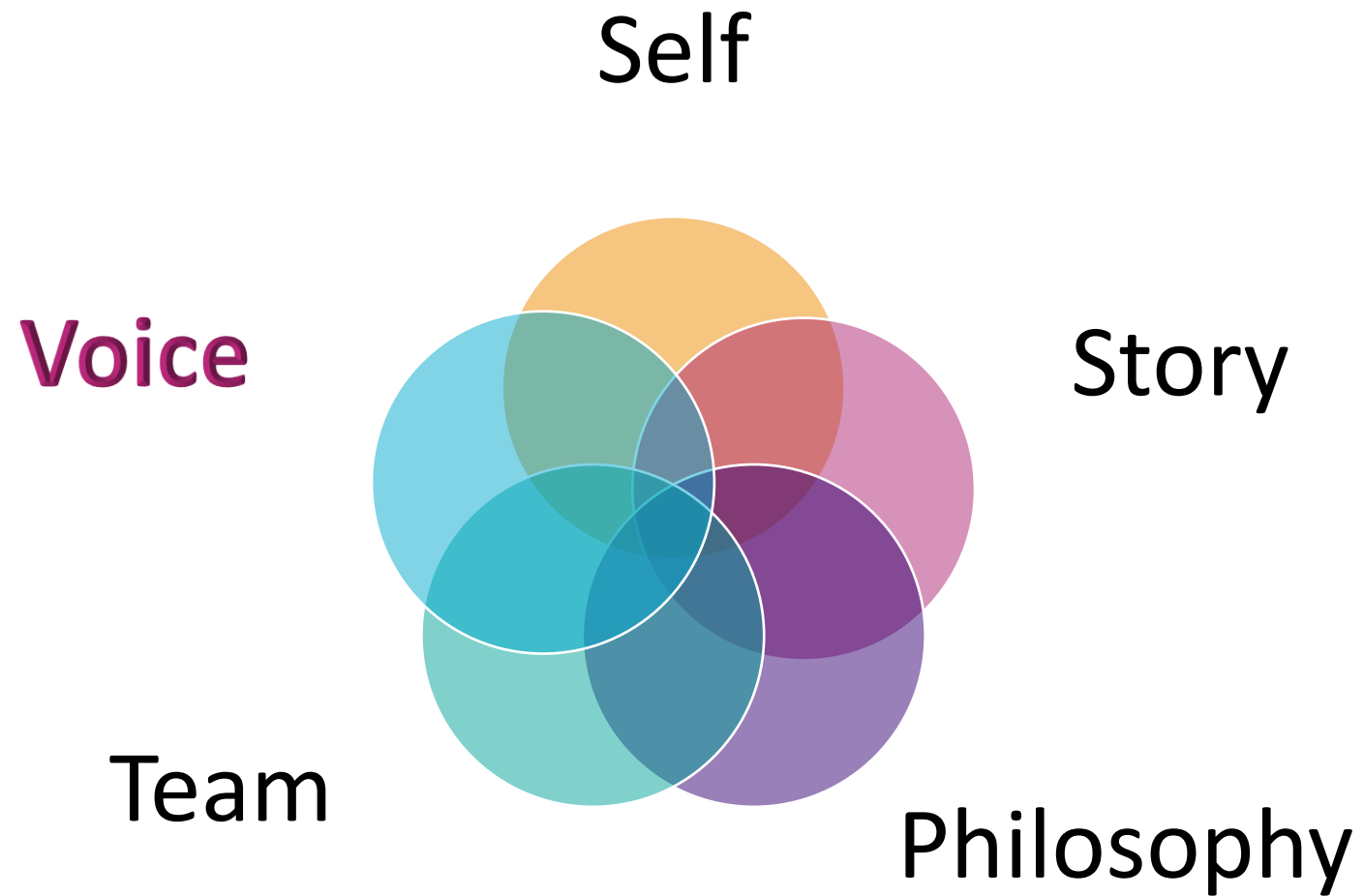


The Team

CULT BRAND TEN COMMANDMENTS

- 1. You have a great origins story**
- 2. You're obsessional about your product/service**
- 3. You have a fanatical tribe of superfans**
- 4. You do things, you don't just chat on social media**
- 5. You take a strong position on issues**
- 6. You communicate with radical transparency**
- 7. You encourage a lifestyle around your product**
- 8. You have fun and take risks**
- 9. You break accepted industry norms**
- 10. You use scarcity/exclusivity to build hype**

The additive result?





Break

***Make this a deliberative break –
challenge thoughts, pose questions,
reflect, refresh***



The ZOUD

Challenge with
respect and with
thought for the
receiver

Avoid group think

Apply to your
journey through
this programme

Be comfortable
with being
uncomfortable

Share in the way it
works for you

What one thing will
you apply to
support the voices
of those we serve?